

CURRICULUM VITAE

PhDr. Zuzana Kornatovska, PhD., DiS.

*18. 6. 1981 in Ceske Budejovice, Czech Republic

CURRENT POSITION:

Assistant Professor
University of South Bohemia in the Ceske Budejovice
Faculty of Education
Department of Health Education
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EMPLOYMENT:

2009 – till now Assistant Professor, University of South Bohemia in Ceske Budejovice, Faculty of Education, Department of Health Education.

2008 - 2009 Teacher, Kindergarten focusing on sport, Ceske Budejovice, Czech Republic

EDUCATION AND ACADEMY DEVELOPMENT

2016 - Title PhDr. Rigorous examination: Faculty of PE and Sport, Charles University in Prague. Examination subjects: Philosophy, Adapted Physical Education, Physiotherapy, Research Methodology in Kinanthropology, Fitness and exercise programs.

2009 - 2014 - Title PhD. Faculty of Health and Social Studies, University of South Bohemia in Ceske Budejovice Study program: Prevention, correction and therapy of the health and social problems in children, adults and seniors.

Research and theses: KORNATOVSKA, Z. (2014) Availability, organizations and health - social benefits of the controlled movements activities in children with disability. ZSF JU: Ceske Budejovice.

2011 - 2012 Postgraduate study Faculty of PE and Sport, Charles University in Prague Study program: Specialised activities in the area of spatial orientation of visually impaired Professional status: "Teaching in spatial orientation and independent movement".

2002 - 2008 Title Mgr. Master studies Faculty of Physical Culture, Palacky University in Olomouc Study program: Double major "Physical Education and Sport – Adapted Physical Education".

2000 - 2002 – Title DiS. Nursing College in Ceske Budejovice, Study program: Paramedic rescuer.

1996 - 2000 Medical High School in Cesky Krumlov Study program: Nurse

PROFESSIONAL MEMBERSHIPS (selection)

Member of the scientific board of the journal Ceska antropologie (Czech Anthropology) ISSN: 1804-1876.

Member of the National Contact Centre of Women in Science of the Sociology Institute of the Academy of Sciences, Czech Republic.

Member of the Czech Association of Adapted Physical Activities (CAAPA).

PROJECTS

2018 - 2019 Member of the research team of the international research project Erasmus+ 603031-EPP-1-2018-1-BG-SPO-SSCPI "Grow up with sport activities - social and equal opportunities" in cooperation with: Bulgaria, Czech Republic, Greece, UK.

2016 - 2019 Member of the Czech research team of an International research project - Special Olympics "Healthy Communities" ZAS Y1 16-600-14, in EU in cooperation: Poland, Belgium. Worldwide are involved in the project: Arkansas, Australia, British Columbia, China, Connecticut, Costa Rica, Egypt, Florida, Hawaii, Kenya, Nebraska, North Carolina, Pakistan, Paraguay, Samoa and Uganda.

2010 - 2012 Member of the Czech research team of the International research project EU - Grundtwig "STRESSLESS - Improving Educator's Resilience to Stress" 510375-LLP-1-2010-1-PT-GRUNDTVIG-GMP in cooperation with: Portugal, Belgium, Latvia, Netherlands Greece, Slovenia, Switzerland, UK. 2

2008 - 2012 Member of the research team of the International research project PACZion INTERREG - IV / A, Nr.16: PACZion: "University Passau – University of South Bohemia in Ceske Budejovice Union for health promotion of teachers" in cooperation with Germany.

PROFESSIONAL INTERNSHIPS

2019 – Slovak Republic, 16. 9. - 20. 9. 2019, Banská Bystrica. Erasmus Teaching Mobility in Matej Bel University in Banská Bystrica. Lectures: Kornatovská, Z. "Health-social benefits of physical activities in disabled children", "Yoga for mentally disabled".

2019 – Bulgaria, Sofia, National Sport Academy Vasil Levski, 25. - 27.9.2019 Coordinator for Czech Republic and invited speaker in the professional 3day symposium of the project "Erasmus+ Grow op with sport activities - social and equal opportunities" - 603031-EPP-1-2018-1-BG-SPO-SSCPI, in cooperation with research centres of Bulgaria, Greece, United Kingdom. Lectures (2 hours): "Integration and inclusion in sport".

2019 – Greece, 28. 8 – 28. 8.2019, Athens. Coordinator for Czech Republic and invited speaker in the professional oneweek workshop of the project "Erasmus+ Grow op with sport activities - social and equal opportunities" - 603031-EPP-1-2018-1-BG-SPO-SSCPI, in cooperation with research centres of Bulgaria, Greece, United Kingdom. Lectures and seminars (15 hours): "Health benefits of swimming in children with mental disabilities"; "Health athlete in the framework of the Special Olympics"; "Family involvement in health support and sport for people with mental disabilities"; "Yoga for health in persons with intellectual disability".

2019 – United Kingdom 23. 5 – 25. 5. 2019, Lincolnshire, Boston, Sunset farm. Coordinator for Czech Republic and invited speaker in the professional 3day symposium "Inspired Equine Assisted Learning CIC" of the project "Erasmus+ Grow op with sport activities - social and equal opportunities" - 603031-EPP-1-2018-1-BG-SPO-SSCPI, in cooperation with research centres of Bulgaria, Greece, United Kingdom.

2018 - Poland, 1. 7. - 12. 7. 2018 Ceepus. Silesian University of Technology. International Summer School, Gliwice "Information, technologies and methods used in different areas of engineering. Invited Teacher for joint - lectures: Integration methods and didactic technology in education process of persons with disability or disease.

2018 - Bulgaria, 31. 6. - 5. 6. 2018. Erasmus Teaching Mobility. National Sports Academy "Vasil Levski" Sophia. Project "Healthy Athletes - Healthy Community" in University of South Bohemia.

2018 – Slovak Republic, 17. 9. - 21. 9. 2017. Erasmus Teaching Mobility in Matej Bel University in Banska Bystrica. Lectures: "Health-social benefits of physical activities in disabled children", "Yoga for mentally disabled".

2018 - Japan, 25. 10. - 8. 11. 2018. Development project "Internationalization of the South Bohemia University". National University Corporation – Kochi University, Faculty of Education - Science Education Department and Kyóto University – Faculty of medicine, Medical Nurse Course, Medical School. Lectures and seminars: Health Education in Czech Republic; Inclusion and Integration of children with disability in Health Education; Polygons of availability in the frame of integration; Control Physical Activities and Health Education of children.

2018 – Slovak Republic, 10. 2. - 15. 2. 2019. Erasmus Teaching Mobility in Matej Bel University in Banska Bystrica. Lectures. "Health-social benefits of physical activities in disabled children", "Yoga for mentally disabled".

2017 – Slovak Republic, 18. 9. - 22. 9. 2017. Erasmus Teaching Mobility in Matej Bel University in Banska Bystrica.. Lectures. "Health-social benefits of physical activities in disabled children", "Yoga for mentally disabled".

2017 – Japan, 16. 6. - 2. 7. 2017. Development project "Internationalization of the South Bohemia University". National University Corporation – Kochi University, Faculty of Education - Science Education Department and Kyoto University – Faculty of Medicine, Medical Nurse Course, Medical School. Lectures and seminars on the topic Physical Activity and Health of children.

2017 - Bulgaria, 14. 5. - 21. 5. 2017. Erasmus Teaching Mobility. National Sports Academy "Vasil Levski" Sophia. Lectures and seminars: "Adapted physical activities on sea with mental disability children".

2016 - Bulgaria, 18. 6. - 28. 6. 2016. Erasmus Teaching Mobility. National Sports Academy "Vasil Levski" Sophia. Lectures and seminars: "Adapted physical activities on sea with mental disability children".

- 2015 - Bulgaria**, 13. 6. - 25. 6. 2015. Erasmus Teaching Mobility. National Sports Academy "Vasil Levski" Sophia. Lectures and seminars: "Perspectives of Health education in mental disability children"; Controlled physical activity in children with hearing, or visual disability".
- 2012 - Slovenia**, 1. 5. - 31. 5. 2012. Erasmus Teaching Mobility, University Primorska in Koper. The research, data collection, lectures on the topic: "Health-social benefits of physical activities in disability children".
- 2011 - United Kingdom**, 10. 9. - 6. 10. 2011. Coventry, Castle Wood School. The research and data collection. "Health-social benefits of controlled movement activities in disability children".
- 2011 - United Kingdom**, 15. 3. - 4. 4. 2011. University of Coventry, University of Nottingham. The research and data collection: "Health-social benefits of controlled movement activities in disability children"
- 2007 - Bulgaria**, 22. 2. - 22 3. 2007. National Sports Academy "Vasil Levski" Sophia. CEEPUS CZ 59 Adapted Physical Activities in the European dimension. Data Collection for the study: "Sport of the children with mental disability - focusing on swimming and skiing".
- 2006 - Bulgaria**, 15. 6. - 15. 7. 2006. National Sports Academy "Vasil Levski" Sophia. CEEPUS CZ 59 Adapted Physical Activities in the European dimension. Data Collection for the study: "Sport for children with mental disability, focusing on swimming"
- 2005 - Poland**, 25. 2. - 25. 3. 2005. University School of PE and Sport Poznan. CEEPUS CZ 59. Adapted Physical Activities in the European dimension". Data Collection for the study: "Benefits of sport for children with sensory and mental disability"

PUBLICATIONS

- KORNATOVSKÁ, Z. Results analysed in the Czech groups of the intact persons and persons with disability. In KREJČÍ, M., VACEK, L. *Public awareness about the importance of wellness for human life*. Prague: College of PE and Sport Palestra, Ltd, 2019, pp. 69-85. ISBN 978-80-87723-52-4.
- KORNATOVSKÁ, Z. Active life style and wellness in persons with disability. In KREJČÍ, M., VACEK, L. *Public awareness about the importance of wellness for human life*. Prague: College of PE and Sport Palestra, Ltd, 2019, pp. 36-44. ISBN 978-80-87723-52-4.
- KORNATOVSKÁ, Z., MIROVSKÝ, T., JIRÁSKO, R. Significance of awareness about wellness in sportsmen. In KREJČÍ, M., VACEK, L. *Public awareness about the importance of wellness for human life*. Prague: College of PE and Sport Palestra, Ltd, 2019, pp. 100-110. ISBN 978-80-87723-52-4.
- KORNATOVSKÁ, Z., MIROVSKÝ, T., JIRÁSKO, R. Significance of awareness about wellness in sportsmen. *Acta Salus Vitae*, 2019, Vol. 7, No. 1, p. 15-23. ISSN 1805-8787.
- KORNATOVSKÁ, Z., ALEKSANDROVA, V., BAHCHEVANSKI, S. Adapted physical activity in children with kyphosis postural disorders. *Acta Salus Vitae*, 2018, Vol. 6, No. 2, s. 15-23. ISSN 1805-8787.
- KORNATOVSKÁ, Z., VÁLKOVÁ, H., HARADA, T., KAWAMATA, M. Circadian preferences of the Czech Special Olympic athletes participated in the *Slovak Journal of Sport Science*, 2018, Vol. 3, No. 1, s. 4-16. ISSN 2453-7659.
- KORNATOVSKÁ, Z., VÁLKOVÁ, H., KNAPPOVÁ, V., KREJČÍ, M., FRANCOVÁ, V. Outdoorové aktivity v projektu Zdravé společenství – Special Olympics. *Aplikované pohybové aktivity v teorii a praxi*, 2018, Roč. 9, č. 1, s. 28-32. ISSN 1804-4204.
- KORNATOVSKÁ, Z., FÁROVÁ, J. KVALITA ŽIVOTA DĚTÍ PŘEDŠKOLNÍHO VĚKU. In: Sborník abstraktů z mezinárodní konference „Recreational Sport, Health, Quality of Life. Košice: Univerzita Pavla Jozefa Šafárika v Košicích, 2018, s. 37-38. ISBN 978-80-8152-603-9.
- KORNATOVSKÁ, Z. The Impact of the intervention programme of controlled movement activities on the health and quality of life of Children with a sensory disability, *Journal of Nursing, Social Studies, Public Health and Rehabilitation*, 2017, 3 (4): 136–145. ISSN 1804-7181.
- KORNATOVSKÁ, Z., ČERMÁKOVÁ, L. Využití SNAGU pro děti se sluchovou disabilitou ve volnočasových pohybových aktivitách. In: MIGDAUOVÁ, A., DAĐOVÁ, K. (Eds) *Sborník z mezinárodní konference „ Adapted Physical Activity through the lifespan “*. Praha: Fakulta tělesné výchovy a sportu UK, 2017. 92 - 100 s. ISBN 978-80-87647-39-4.

KREJČÍ, M., KORNATOVSKÁ, Z. Yoga applications in persons with disabilities. BOLACH, E., KAWCZYNSKI, A. *Adaptacyjna aktywnosc fizyczna*. Wrocław: AWF Wrocław, AGIW, 2017. 104 - 127 s. ISBN: 978-83-928344-5-8.

ABINETS, A., S., KASTNEROVÁ, M., KORNATOVSKÁ, Z., ANDRIJUK, L., KOTSABA, J., Y., KYTSAY, C., HALABITSKA, I. The Correlations between trophology status and the main genesis chronic pancreatitis, *Acta Salus Vitae*, 2017, Vol 5, No. 1, 9 -17. ISSN: 1805-8787.

ALEXANDROVA, V., BAHCHEVANSKI, S., KORNATOVSKÁ, Z. Adapted Physical Activity and aqua gymnastics as major prevention tool in obese children, *Acta Salus Vitae*, 2017, Vol. 5, No. 1, 18 - 30. ISSN: 1805-8787.

KREJČÍ, M., KORNATOVSKÁ, Z., VACKOVÁ, L., JIRÁSKO, R. Role of wellness in the life of persons with disability comparison study in the Czech Republic. *Slovak Journal of Sport Science*, 2017, Roč. 2, č. 2, s. 14-26. ISSN 2453-7659.

KASTNEROVÁ, M., KORNATOVSKÁ, Z., BABINETS, A., ANDRIJUK, A., KOTSABA, I., KYTSAY, C., HALABITSKA, I. The correlations between trophology status and the main disease characteristics of the patients with biliary genesis chronic pancreatitis. *Acta Salus Vitae*, 2017, Vol 5, No. 1, s. 9 -17. ISSN 1805-8787.

TŮMOVÁ, A., TŮMA, J. KORNATOVSKÁ, Z. Možnosti sociální integrace bezdomovců. In: KUKAČKA, L. *Výchova ke zdraví a aktivní životní styl*. České Budějovice: PF JU, 2017, ISBN 978-80-7394-565-7.

KORNATOVSKÁ, Z. Physical therapy and health-social benefits of controlled physical activities in disability children, *Physiotherapy*, 2016, Vol 22, No. 1., 26-37. ISSN 1230-8323.

KORNATOVSKÁ, Z., KULTOVÁ, L. Chůze naboso jako nový fenomén sportovního zážitku. In: ŠVAMBERK ŠAUEROVÁ., M. *Benefity využití sportovních a prožitkových aktivit v edukačních souvislostech*. Praha: VŠTVS Palestra, 2016, s. 65-80. ISBN 978-80-87723-30-2.

KORNATOVSKÁ, Z., ALEKSANDROVA, V. Education of children with mental disability in nature environment. In: BUNC, V., BEDNÁŘ, M. (Eds) *Sborník z mezinárodní konference „Pohybové aktivity ve světle odkazu Karla IV“*. Praha: FTVS UK, 2016. 3 - 4 s. ISBN 978-80-87647-30-1.

KORNATOVSKÁ, Z., BLÁHA, P., HOŠEK, V., HILL, M. Control physical activities as a way to kinesisprotection and anthropometrics changes in children with mental disabilities. In: KREJČÍ, M., TILINGER, P., VACEK, L. *Education to wellness, Education through wellness*, Praha: VŠTVS Palestra, 2016. 123 - 146 s. ISBN 978-80-87723-23-4 (print), ISBN 978-80-87723-26-5 (pdf).

KREJČÍ, M., URBANÍK, T., KORNATOVSKÁ, Z. Public awareness about the importance of wellness for human life. In: KREJČÍ, M., TILINGER, P., VACEK, L. *Education to wellness, education through wellness*. Prague: College of PE and Sport Palestra, 2016, s. 28-51. ISBN 978-80-87723-23-4 (print), ISBN 978-80-87723-26-5 (pdf).

KORNATOVSKÁ, Z. Srovnání dostupnosti a nabídky řízených pohybových aktivit pro žáky se zdravotním postižením ve vybraných regionech České republiky a Anglie. *Tělesná kultura*, 2016, 39 (1): 3-14. ISSN 1211-6521.

KORNATOVSKÁ, Z., BLÁHA, P., HILL, M. Antropometrické charakteristiky hmotnosti a tělesné výšky dětí s mentálními disabilitami ve vztahu k řízeným pohybovým aktivitám. *Česká antropologie*. 2015, 65(1): 23-29, ISSN 1804-1876.

KORNATOVSKÁ, Z. Uplatnění zážitkové pedagogiky u romských dětí. In: ŠAUEROVÁ, M., HOŠEK, V. a kol. *Zážitková pedagogika – zdroj inspirace v edukační praxi*. Praha: VŠTVS Palestra, 2015. 123 - 136 s. ISBN 978-80-87723-17-3.

KORNATOVSKÁ, Z., BLÁHA, P., HILL, M. Vztah řízených pohybových aktivit k základním antropometrickým charakteristikám hmotnosti a výšky dětí s mentálním postižením. In: *Pohybové ústrojí - Pokroky ve výzkumu, diagnostice a terapii*, 2015, 22 (2): 30-35, ISSN 2336-4777.

KORNATOVSKÁ, Z. Dostupnost, organizace a zdravotně - sociální benefity řízených pohybových aktivit u dětí s disabilitou. *Disertační práce*. 191 s. České Budějovice: ZSF JU, 2014.

KORNATOVSKÁ, Z. Dostupnost a nabídka řízených pohybových aktivit pro děti s disabilitou ve vybraných regionech EU. In: HOŠEK, V., TILINGER, P. (Eds) *Sborník z mezinárodní konference „Wellness, zdraví a kvalita života“*, Praha: VŠTVS Palestra, 2014. 59 - 70. ISBN 978-80-87723-10-4.

KORNATOVSKÁ, Z. Problematika dostupnosti a analýza nabídky řízených pohybových aktivit pro děti s disabilitou mentální, sluchovou, zrakovou ve vybraných regionech EU. *Aplikované pohybové aktivity v teorii a praxi*, 2014, Roč. 5, č. 2. ISSN 1804-4204.

KORNATOVSKÁ, Z., JÚDA, J. Vytvoření webových stránek s nabídkou pro děti s disabilitou v Jihočeském regionu v kontextu dostupnosti řízených pohybových aktivit. *Aplikované pohybové aktivity v teorii a praxi*, 2014, Roč. 5, č. 1. ISSN 1804-4204.

KORNATOVSKÁ, Z. Needs Analyses of Teacher's in a View of Social Context. *Social Science International*, 2014, 30 (1). ISSN 0970-1087.

KREJČÍ, M. a Z. KORNATOVSKÁ., KOKEŠ, R. Social Benefits of Adequate Movement Regime in Teacher's Stress Resilience. *Social Science International*, 2014, 30 (2). ISSN 0970-1087.

KORNATOVSKÁ, Z. After-school services of wellness oriented physical activities in children with hearing and visual disabilities. *Acta Salus Vitae*, 2013, Vol. 1, No. 2, 139 - 150. ISSN 1805-8787.

REHOR, P. R. a Z. KORNATOVSKÁ. Measuring of health - related benefits of physical activity in high school students. *Acta Salus Vitae*, 2013, Vol. 1, No. 2, 151 - 160. ISSN 1805-8787.

KORNATOVSKÁ, Z. Využití jógy u seniorů v akademickém centru pro zdravý životní styl v Českých Budějovicích. In: REPKO, M. (Ed) *Jóga pro zdraví. Sborník z mezinárodní konference*. Brno: MU, Lékařská fakulta, 2013. 38 - 43. [CD-ROM].

KORNATOVSKÁ, Z., TRAJKOVÁ, A. Availability, organization and health-social benefits of physical activities in disabled children - a comparative study of 2 regions in Bulgaria and the Czech Republic. *Rozprawy Naukowe*. 2012, 39 (1) 19 - 30. ISSN 0239-4375.

KORNATOVSKÁ, Z. Zdravotně - sociální benefity adekvátních pohybových aktivit u dětí s mentální, sluchovou a zrakovou disabilitou. In: VYSKOČILOVÁ, A. (Ed) *Sborník příspěvků 1. České národní konference aplikovaných pohybových aktivit*. Olomouc: UP Olomouc, 2011. 49 s. ISBN 978-80-244-2764-5.

KORNATOVSKÁ, Z. Needs Analyses of Teachers in a Context of Education Institutions Managers within EU STRESSLESS Project. In: Health Education and Quality of Life III. Č. Budějovice: PF JU v Č. Budějovicích, 2011. 167 - 177 s. ISBN 978-80-7394-303-5.

KREJČÍ, M., KORNATOVSKÁ, Z., KOKEŠ, R. Adequate Movement Regime as Preventing from Burn-out Syndrome in Teacher's Profession. In: *Acta Universitatis Matthiae Belii, Physical Education and Sport*. 2011, 3 (2) 32 - 48. ISSN 1338-0974.

KORNATOVSKÁ, Z. První pomoc ve cvičitelské praxi. In: VLČKOVÁ, P. (Ed.) *Skripta pro cvičitele-studijní materiál ke cvičitelským zkouškám akreditovaným MŠMT ČR*. Vyd. 3. Střílky: Český svaz JDŽ, 2011. 62 - 65.

KREJČÍ, M. a Z. KORNATOVSKÁ. Stimulation of Personal and Social Development at Persons with Mental Handicap Usage of Water Environment. *Rozprawy Naukowe*. 2010, 30 (1) 4 - 12. ISSN 0239-4375.

KORNATOVSKÁ, Z. Health - social benefits of swimming in mental disability children. In: Health Education and Quality of Life II. Vyd. 1. PF JU v Č. Budějovicích, 2009. 131 - 136 s. ISBN 978-80-7394-180-2.

KREJČÍ, M., KOKEŠ, R. a Z. KORNATOVSKÁ. *PACZion - s radostí zůstat učitelem: Váš osobní průkaz zdraví*. Č. Budějovice: PF JU v Č. Budějovicích, 2009. 36 s. ISBN 978-80-7394-62-8.

KORNATOVSKÁ, Z., KREJČÍ, M. Rozvoj sebekontroly a sebeúcty v seniorském věku, podpora zdraví a duševní hygieny prostřednictvím jógového tréninku. In: *Aktivní v každém věku II*. Olomouc: UP Olomouc, 2007. 38 - 45. ISBN 978-80-244-2011-0.

CONFERENCES

7. 11. 2019 Prague, Czech Republic KORNATOVSKÁ, Z. KORELLAS, P. PETKOV, S. Innovative methods in integration of persons with intellectual disabilities. *6th Biennale of International Scientific Conference "Wellness, Health and Quality of Life"*. College of PE and Sport Palestra, Prague. **Keynote speaker**.

12.-13. 4. 2018 Košice, Slovak Republic KORNATOVSKÁ, Z., FÁROVÁ, J. Quality of life in pre-school children. *International conference „Recreational Sport, Health, Quality of Life"*. Košice: Univerzita Pavla Jozefa Šafárika v Košicích, 2018.

12.10.2018 Olomouc, Czech Republic KORNATOVSKÁ, Z. Yoga Krija techniques. Professional workshop "Integration another way – wellness and sport". Palacky University Olomouc. **Keynote speaker**.

30. 11. 2017 Brno, Czech Republic KORNATOVSKÁ, Z. Healthy Communities. *11th International conference on kinanthropology - Sport and Quality of Life*". Faculty of Sports Studies Masaryk University Brno.

3. 11. 2019 Prague, Czech Republic KORNATOVSKÁ, Z. Healthy Communities for people with mental disability. Workshop 2, International conference "Wellness, Health and Quality of Life. **Invited guarantee and lecturer of the workshop.**

22. 9. 2017 Prague, Czech Republic KORNATOVSKÁ, Z., ČERMÁKOVÁ, L. "Using the Golf for Children with Hearing Impairments in Leisure Activities". *5th Biennale of the International Scientific Conference "Adapted Physical Activity through the lifespan"*. Faculty of Physical Education and Sport, Charles University, Prague.

2. - 3. 12. 2016 Wrocław, Poland KORNATOVSKÁ, Z. Education of children with Mental Disability in Nature Environment; KORNATOVSKÁ, Z., KULVAJTOVÁ, E. Exploration of barefoot walking in children with sensual disability. *7th International Scientific Conference "Physical Activity of Persons with Disability"*. AWF Wrocław. **Member of the Scientific Committee; Invited speaker.**

20. 10. 2016 Prague, Czech Republic KORNATOVSKÁ, Z., KULTOVÁ, L. Barefoot walking as a new phenomenon sport experience. *International Scientific Conference "Sport and Experience Education"*. College of Physical Education and Sport Palestra, Prague.

16. - 17. 9. 2016 Prague, Czech Republic KORNATOVSKÁ, Z., ALEKSANDROVA, V. Education of children with mental disability in nature environment. *International Scientific Conference "Physical activities in light of the legacy of Charles IVth"* Faculty of Physical Education and Sport, Charles University, Prague.

15. 6. – 17. 6. 2016 Olomouc, Czech Republic KORNATOVSKÁ, Z. Experiential pedagogy as a form of movement education in Romani children. KREJČÍ, M., KORNATOVSKÁ, Z., VACKOVÁ, L., JIRÁSKO, R. Wellness in life. *European Congress of Adapted Physical Activity "APA Road EUCAPA"*, Faculty of Physical Culture Palacky University, Olomouc.

26. 11. 2015 České Budějovice, Czech Republic KORNATOVSKÁ, Z. Contexts of controlled physical activities in the area of somatic and psychosocial in children with visual impairment. URBANÍK, T., KORNATOVSKÁ, Z. Awareness of the impact of wellness on human health in northern Slovakia. TŮMOVÁ, A., TŮMA, J., KORNATOVSKÁ, Z. Možnosti sociální integrace bezdomovců. *International Conference "Health Education and Active Life Style"* University of South Bohemia in České Budějovice, Dept. of Health Education. **Member of the Scientific Committee Leader of the Organizing Committee.**

22. - 23. 10. 2015 Prague, Czech Republic KREJČÍ, M., URBANÍK, T., KORNATOVSKÁ, Z. Public awareness about the importance of wellness for human life II. *4th International Scientific Conference "Wellness, Health and Quality of Life"*, College of Physical Education and Sport Palestra – Prague.

6. - 27. 5. 2015 Wrocław, Poland KORNATOVSKÁ, Z. References of Czech and abroad literature on the topic Health benefits of physical activities in paraplegics. Scientific seminar "Health parameters of the persons with paraplegic". AWF Wrocław. **Member of the Scientific Committee; Invited speaker.**

6. - 7. 3. 2015 Prague, Czech Republic KORNATOVSKÁ, Z., BLÁHA, P., HILL, M. Anthropometric characteristics of weight and body height of children with mental disabilities in relation to controlled physical activities. *20th Kubát's pedology day. Topic: "The growth cartilage, congenital and acquired disorders of growth - interdisciplinary view"*. Medical House in Prague.

5. - 6. 12. 2014 Wrocław, Poland KORNATOVSKÁ, Z., BLÁHA, P., HILL, M., HOŠEK, V. Analyse of anthropometrics characteristics of weight, height in children with mental disabilities in relation to physical activity interventions. *6th International Scientific Conference "Physical Activity of Persons with Disability"*, AWF Wrocław.

27. - 29. 11. 2014 Lednice - Valtice, Czech Republic KORNATOVSKÁ, Z. Problematics of accessibility and analysis of the offer of controlled physical activities for children with mental, hearing and visual disabilities in selected EU regions. *3rd Czech National Conference "Adapted Physical Activities"* Dept. of APA, Faculty of Physical Culture Palacký University Olomouc.

23. 10. 2014 Prague, Czech Republic KORNATOVSKÁ, Z. Application of experiential pedagogy in Romani children. *6th International Scientific Conference "Experience Education - a source of inspiration in educational practice"*, College of PE and Sport Palestra, Prague.

2. 3. 2013 Brno, Czech Republic KORNATOVSKÁ, Z. Use of yoga for seniors in the academic center for a healthy lifestyle in České Budějovice. *International Scientific Conference "Yoga for health - 40th anniversary of the system "Yoga in Daily Life in Czech and Slovak Republic"* Masaryk university Faculty of medicine – Brno.

17. - 18. 10. 2013 Prague, Czech Republic KORNATOVSKÁ, Z. Availability and an offer of the control movement activities in children with disability. 3rd International Scientific Conference “Wellness, Health and QL”, College of Physical Education and Sport Palestra – Prague.

11.- 13. 10. 2011 Hluboká nad Vltavou, Czech Republic KORNATOVSKÁ, Z. Needs Analyses of Teachers in a Context of Education Institutions Managers within EU STRESSLESS Project. *International Scientific Conference “Health Education and Quality of Life III”*. Dept. of Health Education, University of South Bohemia in České Budějovice, SZÚ Praha, National net of Health support, ČSSV. **Member of the Organizing Committee.**

19. - 20. 5. 2011 Olomouc, Czech Republic KORNATOVSKÁ, Z. Health and social benefits of adequate physical activities in children with mental, auditory and visual disability. *1st Czech National Conference “Adapted Physical Activities”*. Faculty of Physical Culture Palacky University Olomouc

3. - 4. 12. 2010 Wrocław, Poland KORNATOVSKÁ, Z. Availability, and health-social benefits of physical activities in disabled children - a comparative study. *5th International Scientific Conference “Physical Activity of Persons with Disability”*. AWF Wrocław.

8. - 10. 10. 2009 Hluboká nad Vltavou, Czech Republic KORNATOVSKÁ, Z. Health - social benefits of swimming in mental disability children. *International scientific conference „Health Education and Quality of Life II”*, University of South Bohemia in České Budějovice Dept. of Health Education, SZÚ Praha, National net of health support, ČSSV. **Member of the Organizing Committee.**

5. - 6. 12. 2008 Wrocław, Poland KORNATOVSKÁ, Z. Stimulation of Personal and Social Development in Mental Handicap Persons Using Water Environment. *4th International Scientific Conference “Physical Activity of Persons with Disability”*, AWF Wrocław.

LICENSES, CERTIFICATES (selection)

2020 – Czech Republic 13.1. - 17.1.20 Mala Upa, National Winter Special Olympic Games of the Czech Republic. Coach and Guide in alpine skiing of 4 SO sportsmen.

2016 Special Olympics - Healthy Athletes “Instructor of adapted sports”;

2015 Specialized workshop “Normal and abnormal development of the child's brain and behaviour” University of South Bohemia in Ceske Budejovice, Faculty of Education, Dept. of Education and Psychology, 15. 5. Lecturer, MUDr. František Koukolík, DrSc.

2014 International Seminar “Parents and Children, Pre-School Children” The problematic of physical activities of parents in context of the adequate movement regime of infants. 7 7. - 9. 11. Prague: Tyrš House.

2011 Coach in Goalball. Poland, Wrocław, University school of PE and Sport;

2007 Diving license PADI Open Water Diver; Czech Republic and Egypt;

2007 Skiing instructor. University of South Bohemia in České Budějovice Dept. of Health Education;

2006 Skiing instructor – specialisation for monoski. Faculty of Physical Culture Palacky University Olomouc;

2005 Instructor and referee of the “Boccia”. Faculty of Physical Culture Palacky University Olomouc;

2004 Instructor of the Special Olympics. Faculty of Physical Culture Palacky University Olomouc;

2003 Massage Shiatchu. FTK UP Olomouc;

2003 Instructor of the high rope activities and obstacles. Faculty of Physical Culture Palacký University Olomouc;

2003 Special coaching license “Halliwick method” for persons with disabilities. Faculty of Physical Culture Palacký University Olomouc;

2002 Lifeguard - Rescuer IIIrd class CRC Ceske Budejovice;

2001 Sports and Health masseur - Nursing College in Ceske Budejovice, Czech Budejovice.

2000 Mountain rescuer services - Nursing College in Ceske Budejovice.

1998 Yoga instructor of Yoga in Daily Life System - University of South Bohemia in České Budějovice, faculty of Education, Dept. of Physical Education and Sport.